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Breathing Life into Efficiency: Indoor Environmental Quality (IEQ) as a Cornerstone in Building Policy

Sustainable Energy Day 10 June 2024 14h00-18h00 CEST @Comet Louis (Brussels) & livestreamed

11-13 JUNE 2024 EUROPEAN SUSTAINABLE ENERGY WEEK

Net-zero energy solutions for a competitive Europe



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Welcome & introduction Valérie LEPRINCE Project Director IEQ



Keynote "Overview of IEQ and its Importance"" Pawel WARGOCKI

Professor, Indoor Environment



REHVA Federation of European Heating, Ventilation and Air Conditioning Associations







Keynote "IEQ in revised EPBD 2024" **Pau GARCIA AUDI** *Policy Officer, Unit B3, Buildings and Products*













Moderated panel discussion





























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Closing remarks and link networking coffee break & session 2

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2002 - 23 - 17 - 1 2024 - 84 - 38 - 10

What do these numbers represent?



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2002 EPBD The directive had

- 23 Recitals
- 17 Articles
- 1 Annex

2024 Revised EPBD

The directive has

- 84 Recitals (3.7 times > 2002)
- 38 Articles (2.3 times > 2002)
- 10 Annexes (10 times > 2002)











POLICY CONFERENCE Net-zero energy solutions for a competitive Europe #EUSEW2024 Keynote "Overview of IEQ and its Importance"" Pawel WARGOCKI Professor Indoor Environment









Pawel Wargocki (pawar@dtu.dk) International Centre for Indoor Environment and Energy DTU Sustain, Technical University of Denmark

Overview of IEQ and its importance



EN L series

2024/1275

8.5.2024

DIRECTIVE (EU) 2024/1275 OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL

of 24 April 2024

on the energy performance of buildings

(recast)

Article 13 Technical building systems

4. Member States shall set requirements for the implementation of in order to maintain a healthy indoor climate, adequate indoor environmental quality standards in buildings

5. Member States shall require non-residential zero-emission buildings to be equipped with measuring and control devices for the monitoring and regulation of indoor air quality. In existing non-residential buildings, the installation of such devices shall be required, where technically and economically feasible, when a building undergoes a major renovation. Member States may require the installation of such devices in residential buildings.

Opening remarks





Current human habitat are buildings We spent most of our live in buildings...







Human natural habitat is outdoors But we stay only 6 years outdoors....

Decoding the "Da-building" code:

- 79 years (average life time, male EU)
- 69 years (in buildings)
- 54 years (at home)
- 26 years (sleeping)
- ~4 years (commute)
- 6 years (outdoor air)





We inhale a swimming pool of air every day

We breathe 11,000 L of air a day

>85% of time indoors

We drink 2-3 L of water a day

Source: Glass-of-water icons created by Freepik - Flaticon

Main components (domains) characterizing indoor environmental quality (IEQ)



Humans (in buildings) and buildings must be in focus: green + healthy = smart buildings

- Buildings must be <u>climate neutral</u> by minimizing their carbon footprint when constructed, retrofitted and operated
- Buildings must ensure conditions that do <u>not create the risks for</u> <u>health</u> and promote health and healthy behaviors of their occupants (are healthy)



Sustainable development meets the needs of the present without compromising the ability of future generations to meet their own needs

The goal is all buildings being healthy

 A healthy building should not compromise the basic human requirements of every building occupant and foster high quality of life, good health, optimal physical and mental activity, and sleep quality



Source: thegoldenhammer.net





What do we know about IEQ?



Environment in buildings and effects on work, learning and sleep

- Reduced work performance, expected loss is at least up to 5%
- Increased absenteeism and presenteeism
- Reduced learning of children, expected loss of up to 10-15%
- Brand new data: Disturbed sleep quality, poor sleep quality => reduced health, cognitive performance





The effects are similar across climates and regions









Source: Porras-Salazar et al. (2018)

IEQ still not satisfactory

Buildings (even the newer ones) do not perform satisfactorily with respect to IEQ albeit they comply with the current codes and standards



Source: Courtesy of Corinne Mandin; Bluyssen et al. (2016)

Requirements are not sufficiently ambitious? Limiting innovation and advanced development

 Overdependence on the existing rather crude technological solutions and minimum standards.

DTU

- Based on population data thus addressing needs for an average person and neglecting individual preferences, diversity, vulnerability, differences, etc.
- Comfort (satisfaction) is the main design criteria, other outcomes not addressed sufficiently
- Addressing one aspect of IEQ not a combined effect
- There no tools to secure high IEQ at the design, operation and maintence phase





IEQ somewhat disregarded/overlooked...costly? (can we adapt and tolerate?)







Sources: Biznes.Interia; Fakt.pl; Freepik



Is IEQ truly costly?

Building occupants are major costs => Considerable economic implications, work, health, sleep

- Modest gains in work performance can deliver significant financial benefits – even 1% increase in productivity is cost-effective
- Pay-back times are usually <1 (max. 2) years
- Crude estimate: Too short sleep (<7 hours) causes 3.7-6 working days lost per year





Costs for disregarding health are also major

- Exposure in buildings estimated in EU to cause <u>>2 mil healthy-life years lost</u> due to poor indoor air quality (IAQ) (ca. €200 billion annually)
- This effects is comparable with, e.g. road traffic injuries, cost similar to GDP of Cyprus
- 200 million in Europe live with allergies, asthma and COPD
- COVID-19 costs in Denmark were 30,000 healthy life years in Denmark (only) partly attributable to poor IAQ (<u>€1 trillion/mo</u> <u>globally</u>)



IEQ is in fact a low-hanging fruit







The way forward

Resilience in building design and operation



Overheating Infection control Wild fires Ambient air pollution Any other unexpected event



Flexibility in building design and operation





Address (when needed and for whom) health – comfort – performance - sleep



Monitoring and documentation is of an essence

- Useful data for all building stakeholders and additional incentives for improvement of IEQ
- Create benchmark, reference, building data-base
- Monitor performance compliance and maintenance
- Input to sustainable investments, and technological advancements
- Input to control and AI
- Input to energy simulation and reduce performance gap
- Input to economic calculations
- Demonstrate invisible occupants feel secure (no risks)
- Raising awareness





Proposed IEQ rating schemes but not in general use





Health performance indicators

 Developing Health Performance Indicators using biomarkers and monitoring total exposure for detecting the underlying health risks and implications for cognitive performance and modifiers of these indicators (e.g. stress).





Courtesy of Joon-Ho Choi

It is high time for a change



From pathogenesis to salutogenesis (buildings promoting health and not only avoiding risks)





For example:

- creating positive sensations
- fulfilling preferences and allowing active adaptation
- enhancing health resilience and immune response



Pawel Wargocki (pawar@dtu.dk) International Centre for Indoor Environment and Energy DTU Sustain, Technical University of Denmark



Thank you







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Delivering on the European Green Deal and Fit for 55

Energy Performance of Buildings Directive (EPBD) recast (2024/1275)

European Commission

> European Commission – DG ENERGY Unit B3 - Buildings and Products

EU building stock

EU building sector is one of the **largest energy consumers** (aprox 42%) in Europe, responsible for **more than one third of the energy-related emissions**.

About **24 billion m2** permanently occupied floor area, more than **70 % residential**

... **75 %** of the building stock **has poor energy performance** ...

Aprox. **11%/yr** of existing buildings undergo some level of **renovation**, while only about **1%/yr concerns deeper energy renovation**



About **85 %** of existing EU dwellings were **built before 2000**, of which ...



... more than 85 % of current stock will still be in place in 2050



"Fit for 55" package - 55% GHG emission by 2030 Social Climate Fund Emissions trading Carbon Border Adjustment for road transport Mechanism and buildings Reducing EU Emissions Trading Methane **EPBD recast =** System - for power, Emissions industry, maritime & Land Use. aviation Land Use Energy effective delivery Taxation Change, and Forestry Directive Regulation Fit for Energy mechanism for the EU Forest Efficiency Strategy Directive Renewable Hydrogen and **buildings** sector Effort Sharing **Decarbonised Gas** Energy Package Regulation Directive Energy Alternative Performance Fuels of Buildings Infrastructure Regulation CO2 Directive emissions FuelEU standards Maritime for cars and Initiative vans **ReFuelEU** Aviation Initiative European Commission

https://ec.europa.eu/commission/presscorner/detail/en/IP_21_3541

EU legislation on energy and buildings



Zero Emission Buildings (2030)

Also:

- Ecodesign
- Ecodesign for Sustainable
 Product Regulation (ESPR)
- Energy labelling
- Level(s)
- State Aid (GBER)



Focus areas of the recast EPBD

Renovation

- Minimum Energy Performance Standards
- National trajectories for the progressive renovation of the residential building stock
- National Building Renovation Plans

Enabling framework

- Strengthened Energy Performance Certificates
- Renovation passports
- Sustainable finance & energy poverty
- One-stop-shops
- Deep renovation standard
- National energy performance databases

Decarbonisation

- Introduction of zero-emission buildings as standard for new buildings
- Solar deployment in buildings
- Calculation of whole life cycle carbon
- Phasing out incentives for fossil fuels and new legal basis for national bans

Modernisation & system integration

- Infrastructure for sustainable mobility
- Smart Readiness Indicator
- Indoor air quality: ventilation and other technical building systems
- Digitisation, data access and exchange



MEPS for non-residential buildings and primary energy use trajectory for the residential building stock (Article 9)

Non-residential: Minimum Energy Performance Standards (MEPS) **Residential: trajectory to reduce the average primary energy use**



Exemptions allowed both for non-residential and residential (for protected buildings, temporary use, places of worship, etc.)



Zero-emission buildings (Articles 7, 11, Annex III)

- All new buildings to be zero-emission buildings (ZEBs):
 - From 2028 public buildings owned by public bodies
 - From 2030 all new buildings
- ZEB will require:
 - Zero on-site emissions from fossil fuels



- A very low amount of energy with a view to cost-optimal level but at least (NZEB -10%)
- Supplied by:
 - renewables from onsite, nearby, renewable energy communities
 - energy efficient DH&C
 - energy from carbon-free sources
- Life cycle GWP calculation (from 2028 for new bdgs >1000m2 useful floor area, from 2030 for all new buildings) and disclosure through EPC
- Indoor Environmental Quality requirements (monitoring and control)



Fossil fuel use in buildings – Gradual phase-out Solar energy in buildings – Gradual phase-in

- Fossil fuel in buildings
 - From 1 January 2025: no more financial incentives for stand-alone boilers powered by fossil fuels (Article 17 (15))
 - Legal basis for Member States to set requirements
 - Plan policies and measures with a view to a complete phase-out of boilers powered by fossil fuels by 2040 through the national Building Renovation Plans (Annex II)
- Solar energy in buildings:
 - New buildings are designed to optimize their solar energy generation potential
 - Gradual deployment of suitable solar energy installations on new buildings
 - Gradual deployment of suitable solar energy installations on existing buildings (linked to trigger points)



Other key provisions & strengthened enabling framework (1)

- **Definition of Indoor Environmental Quality** (Article 2) to replace Long Term Renovation Strategies (LTRS)
- IEQ to be addressed in new and renovated buildings
- MS to set up **requirements for the implementation of adequate IEQ standards** in buildings
- Measuring & control devices for **monitoring and regulation of indoor air quality**:
 - mandatory in new and renovated non-residential buildings
 - voluntary in residential buildings
- Inclusion of IEQ monitoring among the **mandatory capabilities of BACS** in large non-residential buildings
- Recommendations for the cost-effective improvement of IEQ to be included in the EPCs + voluntary indicators



Other key provisions & strengthened enabling framework (2)

- National Building Renovation Plans (Article 3) to replace Long Term Renovation Strategies (LTRS)
 - Common template
 - Aligned with National Energy and Climate Plans (NECPs) cycles
- Sustainable mobility (Article 14): Strengthened requirements on the number of recharging points for electric vehicles
 - For non-residential buildings (new buildings and buildings undergoing major renovation):
 - > 5 car parking spaces: installation of at least 1 recharging point for every 5 car parking spaces (1 for 2 in office buildings) and pre-cabling for at least 50 % of car parking spaces and ducting
 - > 20 car parking spaces: before 2027, installation of at least 1 recharging point for every 10 car parking spaces or of ducting for at least 50 % of car parking spaces
 - For residential buildings (new buildings and buildings undergoing major renovation) > 3 parking spaces:
 - Installation of at least 1 recharging point (new buildings) **and** pre-cabling for at least 50 % of car parking spaces and ducting (new and renovated buildings)
 - Enable smart charging and, where appropriate, bi-directional charging
 - Sufficient number of **parking spaces for bicycles**, including cargo bikes



Other key provisions & strengthened enabling framework (3)

- Energy Performance Certificates (EPC) (Articles 19, 20, Annex V)
 - Energy performance classes from A to G
 - **Common template** with energy, GHG indicators and IEQ indicators
 - More trigger points (incl. major renovation) for issuing and accessing EPCs
 - Strengthened quality framework
- Building Renovation Passports (Article 12)



- Scheme in every Member State to guide building owners in their staged energy renovations
- Smart Readiness Indicator (Article 12)
 - Test phase + Possible introduction of the scheme for non-residential buildings (based on test phase)



- National databases on energy performance of buildings & Data exchange
 - MS to set up **databases on energy performance of buildings** and report to Building Stock Observatory (Article 22)
 - MS to ensure that building owners, tenants and managers can have direct and freeof-charge access to their building systems data (Article 16)



Other key provisions & strengthened enabling framework (4)

Financing, support measures and one-stop-shops (Article 17 and 18)

• Clear obligation for Member States to **provide appropriate financing and support** measures and **stimulate private investments**, in line with building renovation plans and 2050 goals



- Financial measures to offer higher support to vulnerable households and deeper renovations
- Member States to provide **safeguards for tenants** and to aim to **distribute the benefits for both owners and tenants** when providing financial incentives
- COM to adopt **delegated act** providing a comprehensive portfolio framework **for voluntary use by financial institutions, to increase financing volumes provided for energy performance renovations.**

• Member States to ensure that EPCs and renovation passports are affordable





 Member States to establish dedicated one-stop-shops for energy performance of buildings



Timeline of the recast EPBD process

- Transposition date (24 months after EPBD entry into force)
 - Publication in Official Journal entry into force: 28 May 2024
 - Formal adoption by Council
 - Adoption in the EU Parliament plenary
 - 4th political trilogue: provisional agreement reached
 - European Parliament's position on the EPBD revision
 - Council General Approach on the EPBD revision
 - EPBD proposal adopted by COM



Next steps

<u>Next steps – Guidance</u>

- 17-18 April 2024 Concerted Action
- 6 EPB Committees: 16 May, June, July, September,
 October and November
- 1st draft guidance shared with MS by summer 2024
- Draft guidance completed by end of 2024
- Guidance publication in Q1-Q2 2025*

*Guidance on financial incentives for standalone fossil fuel boilers by **Q4 2024** (earlier than others)

<u>Next steps – Delegated Acts</u>

- 8 Delegated acts identified in the EPBD recast
- Deadlines between mid 2025 and 2027
- Start of technical work with MS in Q3 2024



Thank you!

ETTERIO





Moderated panel discussion

















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european building automation controls association



IEQ monitoring using BACS in non-residential (Art. 13, Par. 9-10)



CAPABILITIES:

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STEP 1: The BACS compliance verification shall be conducted only if the effective rated output for heating/air-conditioning systems or systems for combined space heating/air-conditioning and ventilation in the building is over 290kW by 31 December 2024 or over 70 kW by 31 December 2029

ID	SELF-DECLARATION COMPLIANCE QUESTIONS (answered by Building Owner)	SELF-DECLARATION COMPLIANCE SUPPORTING RECORDS (provided by Building Owner)	COMPLIANCE VERIFICATION CHECKS (conducted by Building Inspector)	RESPONSE	Boundary Conditions / PREREQUISITES for the BACS capabilities to be effective
1	Information Section: 290 kW/ 70 kW COVERAGE				
11	What is the effective rated output (calorific output as per FPBI) of the Heating equipment in the building Heating systems (output of all heat generators in the building including main Heating equipment in plantrooms, e.g. boiler, solar heat system, CHP and heat generating terminal equipment in rooms, e.g. electric direct heater)? NOTE: Every heat generator that adds heat to the building space regardless of its location (generation in main HVAC plant, <u>distribution</u> and emission in the room) should be added in the sum for the output.	PDF list of Heating system main equipment with indication of the maximum calorific output, expressed in kW, per piece of equipment	Check equipment nameplates of main Heating system equipment in main HVAC plant or the building Operation & Maintenance Manual.	<kw></kw>	
12	What is the effective rated output (calorific output as per EPBD) of the Air-conditioning systems in the building (output of all cold generators in the building including main cooling equipment in plantrooms, e.g. chiller, heat-pump, and cooling-generating terminal equipment in rooms)? NOTE: Every cooling generator that adds cooling to the building space regardless of its location (generation in main plant, <u>distribution</u> and emission in the room) should be added in the sum for the output.	PDF list of Air- conditioning system main equipment with indication of the maximum calorific output, expressed in kW, per piece of equipment	Check equipment nameplates of main Air-conditioning systems equipment in HVAC main plant or the building Operation & Maintenance Manual.	<kw></kw>	

- a) continuously monitoring, logging, analysing and allowing for adjusting energy usage;
- b) benchmarking the building's energy efficiency, detecting losses in efficiency of technical building systems, and informing the person responsible for the facilities or technical building management about opportunities for energy efficiency improvement;
- c) allowing communication with connected technical building systems and other appliances inside the building, and being interoperable with technical building systems across different types of proprietary technologies, devices and manufacturers.
- d) by 29 May 2026 monitoring of indoor environmental quality.







POLICY CONFERENCE Net-zero energy solutions for a competitive Europe #EUSEW2024 Introductory statement Jelle LAVERGE Professor University of Gent





EUSEW SUSTAINABLE ENERGY DAY 2024: PANEL 1: IEQ INTRO SLIDE

While we breathe, we hope - Barak Obama



BUILDING PHYSICS, CONSTRUCTION AND SERVICES RESEARCH GROUP



"Turn left at the next traffic lights, then take the fourth street to the right, go right ahead at the first roundabout, turn to the right at the second roundabout and keep the left lane, then turn



Spekkink, D. 2005. Key note presentation on PeBBu, CIB Conference, Helsinki, 2005





"To the airport!"

Spekkink, D. 2005. Key note presentation on PeBBu, CIB Conference, Helsinki, 2005



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Introductory statement Elena SCARONI Secretary General





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Introductory slide on IEQ

First panel discussion

Elena Scaroni Secretary General

09/11/2023

We need light and darkness

There is a period of the day when we are active and a period when we are sleeping Light is the most important timer for our internal clock





THANK YOU

Elena Scaroni

Secretary General



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Introductory statement Adam TAYLOR IAQ Chairperson



The voice of €fficient building engineering services



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ADAM TAYLOR B.ENG I.ENG MCIBSE IAQ CHAIRPERSON FOR BESA & GCP EUROPE

- Indoor Air Quality, ventilation and thermal comfort specialist
- Day Job -
- Assessment
- Remediation
- Maintenance

- Healthy Buildings Healthy Building Standards development & deployment
- Balancing the needs of IAQ and Energy – "Buildings are built for people, not just for saving energy"









Moderated panel discussion

















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Closing remarks and link networking coffee break & session 2 Valérie LEPRINCE Project Director IEQ







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Obvigodol

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		so raibh maith aga	Multumesc!
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Blagodarjá!	Kiitos!	Paldies!	Dakujemi
Hvala!	Merci!	A XIII	Hvala!
Děkujil	Dankel	ACIU!	Gracias!
Taki	Efebaristol	Grazzi!	Taaki
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Dank je!	Köszönöm!	Dziękuję:	* * *
Thank you!		eu.bac building automation controls association	A GCPEUROP The voice of Efficient building engineering serv
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